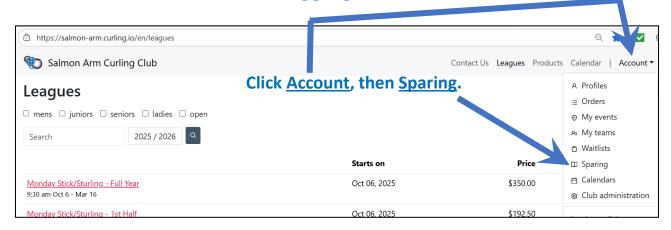
Signing up to Spare – updated Oct, 2025

After logging in to CIO,



Click "Register as a Spare" next to your profile

	Profiles	Orders	My events	My teams	Waitlists	Sparing		<u>Help</u>
	Registering a	as a spare						
	Amazing S	pare			Experie	nced position		Register as a spare
This profile isn't currently registered to spare for any events.								

Profiles	Orders	My events	My teams	Waitlists	Sparing							
Choose a league from the dropdown, add positions & notes.												
<u>.</u> League or	competitio	n					Experienced positions					
						<u> </u>	☐ Fourth☐ Third☑ Second					
Monday S	Monday Stick/Sturling - Full Year											
Monday S												
Monday S												
Monday (
Monday (Open - 1st H	Half				- 1						
Monday (Open - 2nd	Half				- 1						
Tuesday 5	50+ - Full Ye	ear				- 1						
Tuesday 5	50+ - 1st Ha	alf										